

Success Story

Saving Two Lives Through Mobile Health Services

Beebi Lal, daughter of **Sher Agha**, first visited the *Amena Mobile Clinic* suffering from a severe and persistent headache. During the initial medical evaluation, the health team discovered that she was **20**



weeks pregnant and experiencing **dangerously high blood pressure** along with **severe anemia**—conditions that posed life-threatening risks to both mother and unborn child.

Living in a remote area with limited access to healthcare, Beebi Lal had never received regular antenatal checkups. Without timely intervention, her condition could have led to serious complications, including miscarriage, pre-eclampsia, or maternal death.

Recognizing the urgency, the mobile clinic team immediately enrolled her in **regular antenatal care**.

Throughout her pregnancy—from the second trimester until the end of



the ninth month—she received:

- Continuous monitoring of blood pressure
- Treatment for severe anemia
- Nutritional guidance
- Medicines and supplements
- Follow-up consultations at her doorstep



Over the following months, her condition steadily improved. The dedicated care ensured that both her blood pressure and anemia were successfully brought under control.

On 10 November 2025, against what could have been a high-risk and tragic pregnancy, Beebi Lal safely **delivered a healthy baby girl**. Both mother and child are in good health. She continues to visit the mobile clinic for postnatal care, receiving guidance on breastfeeding, newborn health, and family well-being.

Why This Story Matters for us

This case exemplifies how mobile health services can transform and save lives in hard-to-reach areas where women lack access to essential maternal healthcare. With donor support:

- Preventable maternal and newborn deaths are avoided.
- High-risk pregnancies can be managed successfully.
- Health equity improves for vulnerable women who cannot reach fixed clinics.
- Communities gain trust and confidence in humanitarian and development programs.

Beebi Lal's story is not just a successful medical intervention—it is evidence that **“every contribution directly protects mothers, safeguards newborns, and builds healthier, more resilient communities”**.

