

## Success Story

### Ending a Decade of Pain Through Accessible Diagnostic Services

For more than **ten years**, a 45-year-old woman Zari gul from Katakhi village of Dehsabz District a remote community endured persistent epigastric pain, often accompanied by nausea, vomiting, and loss of appetite. Year after year, she was treated only with basic medicines for gastritis and peptic ulcer disease, yet her suffering continued. Without access to proper diagnostic services, the real cause of her condition remained hidden.

When the *Amena Mobile Clinic* visited her village during a routine outreach mission, she finally had a chance to receive a comprehensive assessment. After a detailed medical history and physical examination, the medical team decided to conduct an onsite abdominal ultrasound—a service rarely available in rural areas.

The ultrasound, performed on the spot at the mobile clinic, revealed the true cause of her decade-long pain:

**Multiple gallbladder stones**, a condition requiring specialized surgical care.

This critical diagnosis marked a turning point. The team:

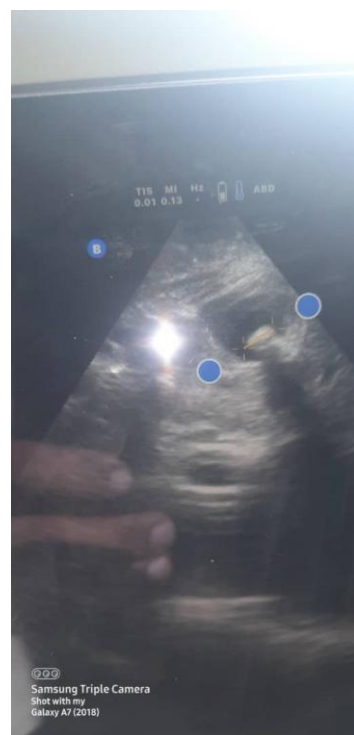
- Explained the condition to the patient and her family
- Provided immediate pain management
- Counseled her on diet and precautions
- Issued a formal referral to a surgical center for timely intervention and long-term relief

Thanks to the mobile clinic's diagnostic capacity, she now has a clear treatment pathway and a real opportunity to reclaim her health after years of silent suffering.

#### Why This Story Matters for us?

This case demonstrates how **simple but essential diagnostic tools**, when brought directly to underserved communities, can:

- Detect conditions that would otherwise remain misdiagnosed for years
- Prevent complications such as acute cholecystitis or gallbladder perforation
- Reduce unnecessary use of medicines and healthcare costs
- Empower women with accurate information and timely referrals



- Strengthen community trust in humanitarian health services

Her experience proves that “**one mobile ultrasound machine can change the trajectory of an entire life**”.

With donor support, the Amena Mobile Clinic can continue to:

- Expand diagnostic capacity;
- Reach more isolated women;
- Prevent long-term suffering through early detection;
- Provide equitable access to life-saving health services.